



Day and Night - Teacher Notes

How do we know when it is day and when it is night?

There are some obvious answers to this question, such as looking at the time on a clock, but other differences are something that can be explored with young students. Some suggestions for discussion points include:



- The position of the Sun in the sky
- Different things we use during the day and at night e.g. Sun hats or sunglasses, car headlights
- Animals we can see at different times of day
- Activities we do e.g. going to the park, sleeping
- Size and position of shadows
- Day and night on different sides of the world



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